IMPROVISATIONAL LEADERSHIP

Fall 2013 / Three Credits
Course Registration #: UGBA 196-5
Wednesdays 2pm-5pm

IMPROVISATIONAL LEADERSHIP is a dynamic course in the theory and application of improvisational techniques to leadership communications and decision making. This class explores the broad principles of improvisation, a performing art form that has developed pedagogical methods to enhance individual spontaneity, listening and awareness, expressive skills, risk-taking, and one’s ability to make authentic social and emotional connections.

Such “soft” skills grow increasingly critical as leaders rise within organizations, and this course strives to develop students’ business communication leadership skills while enhancing both interpersonal intuition and confidence. No prior experience with improvisation or performance is necessary or presumed.

Specific topics include (1) introduction to improvisational theory, (2) speaking and spontaneity, (3) listening and awareness, (4) emotional intelligence, and (5) status and influence.

This class is designed to benefit any student, from those who characterize themselves as shy and introverted to type-A, outgoing extroverts. Anyone can learn to improvise, and thinking “I’m not clever enough” is a misnomer—improvisation is not about being witty, as students will soon find out. It is about being extremely present and alert to the moment—mental muscles that can be developed, and that are directly applicable to leadership. The class atmosphere is mutually supportive and interactive, requiring only a willingness to take expressive and interpersonal risks.

About the Instructor

Cort Worthington has taught business leadership courses since 1987. He holds an MA in Communication from Stanford, an MBA from Columbia, and an MBA from UC Berkeley. An active facilitator in the popular leadership course Interpersonal Dynamics at Stanford’s Graduate School of Business, his organizational client list includes the US Army, Mobil Oil, Sumitomo Bank, the city of San Francisco government, Oracle, Stanford, Kaiser, and McKesson.

Prior to work in leadership development, Cort was a documentary film director, a co-founder and Director of Operations of toy company Primordial, LLC, and also spent several years leading elite crews fighting wilderness forest fires as a parachuting U.S. Forest Service Smokejumper.

Cort has been actively utilizing improvisation as a methodology for enhancing communication and leadership skills since 1997. He can be reached at cort@haas.berkeley.edu or www.cortworthington.com

– STUDENT EVALUATION QUOTES FROM FALL 2012 –

• “This class is transformational. Enticing material and activities. It’s the one Haas elective I’d most recommend.”

• “This course will have an impact on your life and is one you’ll remember long after you leave Berkeley.”