## Buy Now, Pay Later (BNPL)...On Your Credit Card

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with Chris Firth & John Gathergood (University of Nottingham)

Lab for Inclusive FinTech (LIFT) and International Finance Corporation (IFC), 12 December 2023





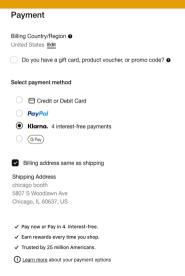
## Buy Now, Pay Later (BNPL) Talk Outline

- 1. Economics & Psychology of Buy Now, Pay Later (BNPL)
- 2. BNPL on Credit Cards
- 3. BNPL for Financial Inclusion

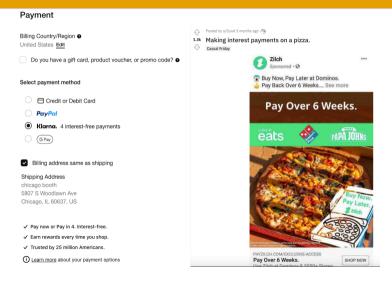
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Buy Now, Pay Later (BNPL)

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## Economic Value of BNPL: Is BNPL good or bad?

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#### Good?

- Large, temporary, unexpected negative shock
- Smoothing out shock may prevent financial distress

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#### **INCREASE COMPETITION**

- Threat to highly profitable non-BNPL incumbents

## **Psychological Attraction of BNPL**

# **Decoupling "pain of payment"** from pleasure of purchasing

(Prelec & Loewenstein, 98 MS; Soman, 01 JCR)

When buy now pay later informs you that it's later & the money's due for all those fall dresses



## Psychological Attraction of BNPL

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- BNPL ↑ basket sizes (Di Maggio, Katz, & Williams, 22)

2. BNPL on Credit Cards

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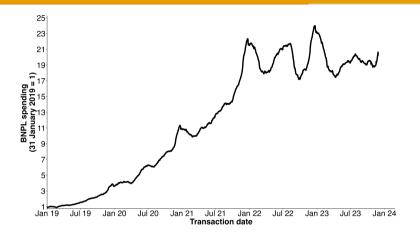
b University of Nottingham, Department of Economics, Nottingham, UK



## Buy Now, Pay Later (BNPL)...On Your Credit Card

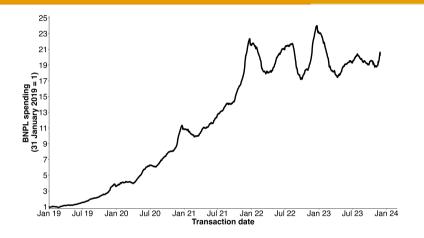
- 1. Provide institutional details on BNPL
- 2. Analyze UK real-time credit card transactions data

#### Growth in BNPL on credit cards in UK



pprox 2% of UK transactions by end of 2021

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Repeated usage common: 17.6% of BNPL users spent £500+ ( $\approx$  \$680) in 2021

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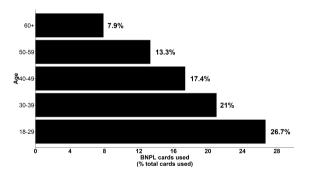
#### Potential debt spiral:

Meeting payments for one debt by putting it on costlier debt

UK regulations: "The firm must consider the customer's ability to make repayments under the agreement...without the customer having to borrow to meet the repayments" (FCA CONC 5.2A.12)

## Who puts BNPL on credit cards?

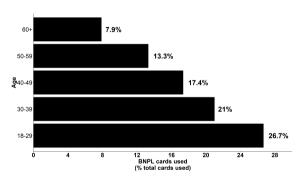
#### Consumers in 20s and 30s



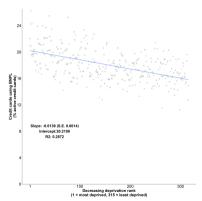
BNPL usage by age (% credit cards)

## Who puts BNPL on credit cards?

#### Consumers in 20s and 30s



#### Consumers in more deprived areas



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## 3. BNPL for Financial Inclusion

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- ...but FICO update needed to prevent unintended effects
- ...BNPL and non-BNPL lenders may need to be mandated to share information (see my Job Market Paper!)



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P.S. I'm on the academic job market;)

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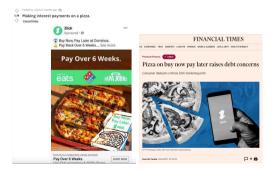


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Limited academic research to inform regulation

## To effectively regulate BNPL, regulators need to know

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- 1. Who is using BNPL?
- 2. Why are consumers using BNPL?
- 3. How does using BNPL change consumers' circumstances?
- 4. Would regulation improve outcomes?

## Research needed on effects of BNPL to inform BNPL regulation

## Behavioral mistakes:

- Impulsive spending that regret
- Overconfident in ability to pay

## BNPL as gateway product:

- ↑ credit for financially-constrained and/or causing debt spiral (persistent debt, higher interest debt)? (DeHaan, Kim, Lourie & Zhu, 23 MS; Di Maggio, Katz, & Williams, 22 WP; Papich 23 WP; Schomburgk &

Hoffmann 23 EJM; Shupe, Li, & Fulford, 23 WP; Zeballos Doubinko & Akana, 23 WP)

Effective digital disclosures (Citizens Advice / Paul Adams & CogCo, 22)

## What happens next to BNPL lenders?

- 1. **Macroeconomic climate** (↓ retail sales, ↑ defaults)
- 2. Regulatory uncertainty
- 3. ↑ **Competition** (e.g., Apple Pay Later)