Coaching & the Art of Feedback

UGBA 196-2
Spring 2023
Mondays, 2-4pm

2 credits

Coaching & the Art of Feedback is an interactive, experiential class with a dual focus on professional and personal growth.

Over the semester, we will develop practices for meaningful coaching conversations, while growing skills to embrace and act on feedback. Every session includes experiencing the material in action – coaching and being coached, giving and receiving feedback.

Why coaching & feedback in one course? Although in practice separating coaching from feedback is crucial, the reality is that meaningful coaching and impactful feedback conversations involve many of the same skills, and both are grounded in developing growth and change.

Students will acquire skills to serve them throughout their professional lives:

- creating trust & setting the stage for positive, productive relationships
- developing confidence in their abilities to have meaningful coaching conversations that support change
- seeking, understanding, and acting on feedback

By delving into the rich world of coaching and feedback, Haas undergraduates will gain a jump-start on the growth mindsets that are an asset to their professional and personal lives.

About the Instructor: Berkeley Haas lecturer Susan Snyder's background in counseling psychology, disaster preparedness, and improvisational performance informs her approach to coaching & feedback conversations. With a deep interest in decision making and personal growth within high-stakes, chaotic environments, she works with individuals and organizations to create and embrace opportunities for growth. Her other Haas courses include ***Improvisational Leadership*** (UGBA & EWMBA), and ***The Art of Coaching Conversations*** (Fulltime MBA).

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