

Nathaniel N. Shara

Tel.: 206-595-2875 Email: nathan@strozziinstitute.com

PROFILE: *A dynamic educator, therapist, facilitator and writer, bridging the divide between personal and social change. High social intelligence. Leads with compassion. Exceptional facilitation, relationship and analytic skills. Skilled in making complex concepts accessible without sacrificing nuance. Thoughtful, attuned, creative and thorough.*

PROFESSIONAL EXPERIENCE

UC Berkeley, Haas School of Business *Berkeley, CA* 2019 - Current

Lecturer

- Teach Leadership Under Pressure course in the Management of Organizations Department.

Strozzi Institute *Oakland, CA* 2012 - Current

Lead Teacher

- Teach embodied leadership courses and seminars that produce sustained, transformative change for individual leaders, coaches, teams and organizations.
- Integrate analyses of social context (race, class, gender, power, etc.) into leadership development. Support students to develop consciousness and take new actions aligned with principles of equity and inclusion.
- Collaborate with executive leadership on program strategy. Develop programs and design curricula for Strozzi Institute Teacher training. Ensure smooth implementation and program effectiveness.

generative somatics *Oakland, CA* 2008 - Current

Lead Teacher, Program Strategy Consultant

- Lead cohort-based somatics courses and single-session intensives, including Transformation in Action 1 & 2, Somatics and Trauma, Embodied Leadership in Action- Advanced, as well as Teacher Training.
- Manage all aspects of course delivery, including curriculum design, team development and coordination, and ongoing communication with cohort between sessions. Member of Strategic Planning Team 2014-present.
- Collaborate with organizational partners to design and deliver programs tailored to the needs of social movement organizations. Partners include: Asian Pacific Environmental Network, NoVo Foundation, National Domestic Workers Alliance, and the Center for Media Justice.

Shaping Change: Social Justice Therapy & Consulting *Oakland, CA, Seattle, WA* 2012-present

Therapist, Facilitator

- Provide individual and group politicized therapy, centering work with survivors of intimate violence, individuals who have perpetrated harm, and social justice movement organizers and activists.
- Develop and facilitate social justice trainings and political education workshops for community-based organizations, focusing on power, oppression, trauma and resilience.
- Offer ongoing individual and group supervision for developing therapists pursuing certification & licensure.

Northwest Network of Bi, Trans, Lesbian and Gay Survivors of Abuse *Seattle, WA* 2009 to 2013

Community Advocate, Program Coordinator

- Provide advocacy-based counseling to LGBTQ survivors of domestic violence and sexual assault.
- Training & Technical Assistance to increase service providers capacity to meet the needs of LGBTQ survivors.
- Manage innovative FAR Out (Friends Are Reaching Out) program, supporting community based and restorative justice responses to violence and harm.
- Lead weekly survivor support group. Teach quarterly relationship skills class. Supervise MSW practicum interns.

Asian Counseling and Referral Service *Seattle, WA* 2008-2009

Children, Youth & Family Therapist

- Provide culturally relevant mental health counseling to Asian and Pacific Islander immigrant and refugee youth and their families. Focus on trauma treatment with youth aged 12-22.
- Conduct psychosocial intake screenings and assessments. Coordinate care with other service providers. Participate in ongoing clinical consultation.

Seattle Counseling Service for Sexual Minorities *Seattle, WA*

2007-2008

Intern Therapist

- Offer individual, couples and group psychotherapy for LGBTQ clients, focusing on racial and gender identity and work with survivors of trauma.
- Conduct assessments. Provide crisis response services. Manage paperwork flow. Participate in case consultation.
- Develop and facilitate 12-week healing groups focused on healthy integration of racial and sexual identity.

EDUCATION

University of Washington, School of Social Work

Seattle, WA

Schaar Fellow, Master's in Social Work

2008

Smith College

Northampton, MA

B.A. Dual Majors in Psychology; Feminist & Gender Studies

2004

generative somatics

Oakland, CA

Advanced Somatic Practitioner Training

2008-2011

OTHER EXPERIENCE

- **generative somatics Teacher Training:** 2011-present (cohort of lead teachers in ongoing development & training)
- **Conflict Mediation:** periodic collaboration with attorney colleague to support conflictual divorce and/or domestic partner dissolution proceedings.
- **Curriculum Development & Implementation,** King County Crisis Clinic, Seattle, WA. Developed and produced a three-hour introductory curriculum tailored for the King County Crisis Clinic. Integrates social justice framework and values into social service provision. Provided training to 100 staff members and 200 volunteers who collectively answer 80,000 crisis calls annually. Facilitated "Train the Trainers" series to support staff to transition the training in-house.

PUBLICATIONS

Ending Child Sexual Abuse: A Transformative Justice Handbook, generationFIVE (2017)

<http://www.generationfive.org/wp-content/uploads/2018/08/g5-Transformative-Justice-Handbook.pdf>

"Facing Shame: From Saying Sorry to Doing Sorry" in *Beyond Survival: Stories and Strategies from the Transformative Justice Movement*, edited by Leah Laxmi Piepna-Samarsinha and Ejeris Dixon. January 2020.

AWARDS

Brian M. Day Scholarship, Pride Foundation

For gay men of color who demonstrate an exceptional commitment to social justice

Sarah Schaar Clinical Social Work Fellowship, Washington State Society for Clinical Social Work

