As Berkeley Changemakers, what does it mean to “live a life of agency”?

In this class, you will strengthen your sense of agency over your own life—defined as a new way of conceptualizing how to construct your purpose with the flexibility to adapt to changing circumstances. You will sharpen your focus on changemaking ethically, acting with sensitivity and compassion. You will learn how to plan for and overcome setbacks, practice negotiating, manage imposter syndrome, and build courage in your changemaking. You will better understand how to communicate with empathy and be a storyteller who ‘paints pictures’ that inspire others. You will leave as a more effective collaborator whose equity-sensitive leadership brings out the best in your teammates.

"PROF. HASSNER WAS PHENOMENAL AT EXPLAINING THE SUBJECT MATTER AND I HOPE TO TAKE MORE CLASSES WITH HER."

"SHE IS ABSOLUTELY THE KINDEST AND MOST EMPATHETIC INSTRUCTOR EVER!"

About the instructor: Laura Hassner is the Berkeley Changemaker™ Initiative Lead and is the strategic advisor to UC Berkeley’s Chief Innovation & Entrepreneurship Officer. She also teaches L&S/UGBAC12: The Berkeley Changemaker. A former Big Five consultant and financial advisor, she has also taught in a highly-challenged urban school, and spent a decade innovating new products and programs for a national nonprofit. She holds an MBA, with honors, from Berkeley Haas.

Teaching undergraduates is one of her favorite things.

Questions? changemaker@berkeley.edu

This course is a Berkeley Changemaker course. Find out more at: https://changemaker.berkeley.edu