UGBA 156 Berkeley Changemaker: Living with Agency

Time: 10:00 am - 12:00 pm; Wednesdays
Instructor: Laura Hassner
Course # 33270
2 units

What does it mean to “live with agency”? This course emphasizes the Berkeley Changemaker pillars of critical thinking, effective communication, and productive collaboration. You will combine critical examination of evidence-based, multi-disciplinary research and theories with personal self-reflection. These are interwoven with implementable strategies, directly applicable to the business context, to help you develop a sharper sense of who you want to be along with tools to make that happen. Frequent guest speakers, simulations, and discussions allow you to learn from others as you expand your network.

Student Reviews:

"Best course I've taken. Ever."

"If you are looking to make positive change in your life, this class presents an excellent toolkit for approaching life with agency...I feel better prepared for my remaining time at Berkeley as well as my experiences to come."

“Laura is a professor who teaches with passion. You can tell she loves what she does and genuinely wants to help her students the best she can.”

“Because of the ever changing aspects of life and the takeaways I’ve found from this class, I’ve grown to be a new person with a fresh perspective on life.”

For questions or syllabus, please email changemaker@berkeley.edu