UGBA 157 Berkeley Changemaker: Living with Agency

**Times:** 10:00 am - 12:00 pm; Wednesdays

**Instructor:** Laura Hassner

**Prerequisites:** None

In this class, you will strengthen your sense of agency over your own life—defined as a new way of conceptualizing how to construct your purpose with the flexibility to adapt to changing circumstances. You will sharpen your focus on changemaking ethically, acting with sensitivity and compassion. You will learn how to plan for and overcome setbacks, practice negotiating & having challenging conversations, manage impostor syndrome, expand your professional network and build courage in your changemaking. You will build confidence and expertise in oral and written communication, practicing your skills in self-presentation and self-reflection. You will better understand how to communicate with empathy and be a storyteller who ‘paints pictures’ that inspire others. You will leave as a more effective collaborator whose equity-sensitive leadership brings out the best in your teammates. And, you'll learn from outstanding special guests, too.

**Student Reviews:**

"If you are looking to make positive change in your life, this class presents an excellent toolkit for approaching life with agency...I feel better prepared for my remaining time at Berkeley as well as my experiences to come."

"Best course I've taken. Ever."

"The best professor I have ever had. She is committed and passionate, and she shows that every day at class."

For questions or syllabus, please email changemaker@berkeley.edu