

**March is "beyond self" month**, the month B-HAN chapters organize a community service event, demonstrating commitment to our local communities & to the school's cultural value of placing larger interests above our own. Why bother? **Your chapter & board will benefit.** What else? Don't forget to take and send great photos from your "beyond self" event to Sue Clifton, [clifton@haas.berkeley.edu](mailto:clifton@haas.berkeley.edu).

### **B-HAN CHAPTERS' 'Beyond Self' EVENTS - 2013**

#### **B-HAN Washington, DC**

##### **Food Drive & Happy Hour**

Wednesday, March 13th 5:30-7:30pm

Rosa Mexicano in Chevy Chase

RSVP on [Facebook](#) or reply to this message for headcount

Thank you to everyone who joined us at our ice skating event last month at the National Gallery of Art Sculpture Garden rink. It was a little chilly, but the post-skating hot cocoa & conversation at PAUL warmed us right up! On to the next event on our calendar...

#### **Go "Beyond Yourself" with B-HAN DC!**

March is "Beyond Yourself" month at Berkeley-Haas, and alumni chapters are celebrating worldwide by staging local community service events. B-HAN DC is participating by hosting a food drive & happy hour on **Wednesday March 13th** to benefit the [Capital Area Food Bank](#). Bring non-perishables to help local families in need, and stay for some mid-winter cheer with friends.

Join us at [Rosa Mexicano](#) in Chevy Chase (5225 Wisconsin Ave, DC). Easily accessible by metro at the Friendship Heights stop on red line, and plenty of parking in metro garage as well. Friends and family welcome of course. Everyone is responsible for covering his/her own food & drink. Please RSVP for headcount!

On Saturday 3/16 after the event, the board will be taking the food over to the DC Warehouse and spending a few hours there sorting and packing from 12:30-4pm. We'd love your help! For those interested, please reply to this message to reserve any of the few limited spots.

#### **B-HAN East Bay**

### **Wednesday, February 27<sup>th</sup>, Berkeley**

Discussion on how doing good is good for business, featuring **Jeff Denby, Chief Creative Officer and Co-Founder of PACT Apparel.**

Come hear how one of our recent ('08) MBA graduates is putting the 'Beyond Yourself' Defining Principle to practice with his sustainable apparel company that is committed to environmental and social responsibility. Find out ways that you too can go Beyond Yourself each day.

### **Saturday, March 16<sup>th</sup>, Oakland**

#### **Habitat for Humanity Build Day**

The East Bay Chapter of the Berkeley-Haas Alumni Network and the Tri-Valley Cal Alumni Club invite you to help a great cause and build a house for Habitat for Humanity. No experience is necessary. Skilled professionals will provide the tools and supervision. Friends and family are welcome (must be 16 or older). Space is limited.

**Date:** March 16, 2013

**Time:** 8:30 am – 4:00 pm (must be at location on time for group instructions)

**Location:**

Oakland---email will be sent to registrants when exact location is determined.

For more info, go to the Habitat for Humanity East Bay/Silicon Valley website:

<http://www.habitatetsv.org/>

**Cost:** Free (bring your own lunch and drinks)

**To Register:** <http://habitat-for-humanity.eventbrite.com>

We are limited to 30 volunteers, so if you register and cannot attend, please notify us, so we can contact people on the Wait List.

**Questions:** Contact Audrey Glafkides at [audrey.glafkides@ms.com](mailto:audrey.glafkides@ms.com) or Dean Suzuki at [dean.suzuki@gmail.com](mailto:dean.suzuki@gmail.com)

### **B-HAN Los Angeles**

What's your passion? Berkeley-Haas' alumni chapter in Los Angeles offers three very different opportunities to support the important work of a local non-profit. Sign up for one now. Support your community. Demonstrate your commitment to living life "beyond self."

#### **Reading to Kids** (March 9, 2013 - sign-up to volunteer [link](#))

*Reading to Kids* is a grassroots organization dedicated to inspiring underserved children with a love of reading, thereby enriching their lives and opportunities for success in the future. *Reading to Kids* gathers on average 800 children and 340 volunteers at reading clubs on the second Saturday of every month at seven Los Angeles elementary schools.

#### **CFY - Los Angeles** (March 16, 2013 - sign-up to volunteer [link](#))

Volunteers assist Family Trainers who deliver the instruction to CFY families. At the start of each training session, participating families are given their own CFY computer-based Home Learning Center on which they train and then take home. Volunteers help families set up their Home Learning Center at the beginning of the workshop. Families learn basic software operations and get hands-on experience using their Home Learning Center to improve reading,

writing, and mathematics. Volunteers ensure all families members are able to use the tools and help the families pack up their Home Learning Center and take it home.

Volunteers sign up for either the Saturday morning session or the Saturday afternoon session or both. Each training session lasts approximately four hours. As many as 120 families participate at a given school on a typical Saturday training day.

### **Heal the Bay** (March 16, 2013 - [website link](#))

Help clean Venice Beach. The monthly "Nothin' But Sand" cleanups are open to all.

- Bring cash if you plan to park in the lot (there is no discounted parking) or come early to find street parking.
- Volunteers must be 13 years old OR be accompanied by an adult.
- Bags and gloves will be provided. However, to help cut down on the number of supplies we use for our cleanups, please bring your own reusable garden gloves and bucket or reuse a bag from home.
- We also encourage you to carry reusable water bottles. Water is available at all cleanups.

If you are bringing a group of 10 or more, do let us know. All cleanup volunteers must have a signed [waiver form](#). The cleanup begins at 10 a.m

### **B-HAN Orange County**

Join us **Saturday, March 9** from 9-11am to clean our beaches and experience for yourself the kind of things that end up in the ocean when people neglect to dispose of trash properly. This is a great hands-on activity that demonstrates the Berkeley-Haas value, 'beyond self,' AND our local watershed.

Meet at Huntington State Beach, lifeguard tower #11. Enter the parking from the Magnolia St. entrance, about 1 mile north of the Huntington Beach/Newport Beach border. The parking is free if you arrive by 9:30 a.m. and mention that you are with Coastkeeper. Location is subject to change. Please email John Bernard at [jb@kdfcommunities.com](mailto:jb@kdfcommunities.com) to RSVP. Learn more about each month's cleanup at <http://www.coastkeeper.org/take-action/events/>

We ask all volunteers to wear closed-toe shoes, dress appropriately for the weather (warm or cold), wear a hat and sunscreen, and bring water (preferably using a reusable water bottle). We always try to reduce the amount of trash at our beaches, so if you have garden/reusable gloves, feel free to bring them. You can also reuse a grocery bag, or use a reusable bag/bucket to collect the trash. If you do not have any of these items, we will have disposable gloves and bags available to all volunteers.

Bring your spouses, significant others and kids, along with a bagged lunch if you want to join us for a picnic at the beach afterwards!

Please see the attached waiver and have it filled out and ready to turn in when you arrive. Anyone under the age of 18 will need to have a parent/guardian sign the waiver for them.

### **B-HAN Portland**

Have you signed up to be a part of Berkeley-Haas Alumni Network's Beyond Self month? Local B-HAN chapters around the country are participating in fundraising & community service events throughout the month, and we are excited to be blessed with a wonderful opportunity to help make Portland an even better place to live! Join Haas PDX and **Friends of Trees** on Saturday March 2nd for our first annual "Beyond Self" Community Service event! Share this experience with fellow alums, help our community, and get a little down and dirty in the Montavilla/Mt. Tabor neighborhood of SE Portland.

**Saturday, March 2, 2013 from 8:45 AM to 1:00 PM**

**Location: Multnomah University, 8435 NE Glisan Street, Portland, OR**

(<https://maps.google.com/maps?hl=en&q=Multnomah+University,+8435+NE+Glisan+St+Portland+OR>)

Families are welcome to join this event, but we ask that you please ensure younger children have adult supervision that is not participating in planting the trees. Be sure to dress appropriately for the weather, and wear sturdy shoes or rubber boots if you have them.

We will be planting almost 250 8'-12' neighborhood trees on this Saturday! Friends of Trees will provide gloves, tools, and trained volunteer guidance, as well as coffee/tea/hot chocolate and light breakfast refreshments. There will also be a potluck lunch provided by the hosting neighborhood groups.

Limited space is available, so please sign up while you have the chance.

<http://beyondyourself2013.eventbrite.com/>

We look forward to seeing you a week from Saturday!

### **B-HAN San Francisco**

The KIPP (Knowledge Is Power Program) - King Student Consultancy Program works with students to develop their critical thinking, research, and communication skills through team-based business case projects, networking events, and job shadowing. In March, HAN-SF will partner with KIPP King Collegiate Student Consultancy Program on a networking event. The event will simulate the networking activity of a real company; HAN-SF members will provide students with feedback on how they can improve their networking skills to strengthen their professional development.

### **B-HAN Silicon Valley**

Please join fellow Berkeley-Haas alumni for a “Beyond Yourself” event organized by the alumni chapter on three **Saturdays in March, the 9<sup>th</sup>, 23<sup>rd</sup>, & 30<sup>th</sup>**. These community service events support the work of “Raft.”

**RAFT** is a non-profit organization founded in 1994 whose mission is to help educators transform a child's learning process through hands-on educational activities that ignite interest, nurture natural curiosity, and help maintain a lifelong love of learning. RAFT helps close the achievement gap and level the playing field by giving every child an equal opportunity to understand concepts through hands-on education. Over 50,000 hands-on math, science, and art Activity Kits are assembled every year with the assistance of volunteers whose efforts help keep the cost of the kits down. To further provide kits at a low cost, RAFT has developed an innovative supply chain process that converts commonly found or discarded materials from the business community into Activity Kits, thereby keeping these materials out of landfills