

Graduate Student Parent Resources

The following resources are available through the University:

1. Grant for Domestic & International Student Parents

This grant may be applied toward housing, dependent health insurance, child care, and/or fee and tuition costs.

<http://uhs.berkeley.edu/worklife/graduatebenefits.shtml>

2. Breastfeeding Support for Students & Partners

The Breastfeeding Support Program (BFSP) is sponsored by University Health Services - Health*Matters, the worksite wellness program. The BFSP serves faculty, staff, students, and their spouses/domestic partners, as well as employees at UCOP and LBNL who choose to continue breastfeeding after returning to work or school. The program includes

- personal, electric breast pumps and personal kits sold at cost
- lactation rooms on campus (including on at Haas)
- breastfeeding classes facilitated by a certified lactation consultant.

<http://uhs.berkeley.edu/Facstaff/healthmatters/breastfeeding.shtml>

3. Student Parent Center

The Student Parent Center is intended for Undergraduate students, but there are some good resources listed on their website.

<http://studentparents.berkeley.edu/>

4. Student Parent Resource list

A helpful list that includes links to childcare resources, information on healthcare and housing resources.

<http://studentparents.berkeley.edu/child-care/>

5. Childcare Resources

Childcare community resources are listed on the following websites:

http://uhs.berkeley.edu/worklife/comm_childcare.shtml

<http://uhs.berkeley.edu/worklife/childcare.shtml>

6. Berkeley Parents Network

A parent-to-parent email network for the community of parents in the Berkeley, California area.

<http://uhs.berkeley.edu/worklife/bpn.shtml>